

Creating a Homework Routine

A Set Homework Time and Space Sets Children up for Success

1: CHOOSE A LOCATION.

Help your child by having a routine place to do homework free from distraction (e.g. kitchen table, no electronics, desk in child’s room).

2: CHOOSE A REGULAR TIME.

Getting a routine for homework helps develop good study habits (e.g. as soon as child comes home from school/activities, after snack/dinner).

3: BE AVAILABLE TO HELP IF NEEDED.

Identify a person to be able to help if needed. This can be another caregiver, grandparent, other trusted adult, or older sibling.

4: REWARD ON-TASK BEHAVIOR.

Homework time can be followed by activities your child enjoys (e.g. playing a game, calling a friend on the phone, listening to music).

GOALS	What will you do at home?	Things to consider to make this successful
Choose a location	Where will the homework location be?	<ul style="list-style-type: none"> • Table without clutter • Avoid distractions • Good lighting • Paper, pencil, etc.
Choose a regular time	What time is the regular time for homework?	<ul style="list-style-type: none"> • Usually about 10 minutes per grade level
Be available to help	How will your student have help?	<ul style="list-style-type: none"> • Can you be available during homework time? • Can another trusted adult or an older sibling be available during homework time?
Reward on-task behavior	What privileges can follow homework time when it is successful?	<ul style="list-style-type: none"> • What privileges come after homework time? (use the phone, TV, etc.)