

September

Tolleson Elementary School District Newsletter

chartwells
serving up happy & healthy

Welcome to your monthly newsletter! We are excited to share our story with you. We are excited to kick off the month of September with a focus on teaching students how to fuel their bodies with nutritious foods through a Power Your Performance theme.

Discovery Kitchen Event

Location: **Arizona Desert Elementary School**

Date: **September 7, 2023**

Time: **10:30 am-1:15 pm**



POWER UP!

Power Your Performance
September 11-15, 2023

Fun Lunch

September 18-22, 2023
Cinnamon Orange Sweet Potatoes

September 25-29, 2023
Powerpack Italian Pepperoni

Look for the Power Up logo
for foods that fuel performance

Discovery
KITCHEN

chartwells
Discovery
KITCHEN

After School:

Afterschool snack and supper are FREE to all students participating in after-school enrichment or educational activities. The program is paid through the National Child and Adult Care Food Program. Parents and guardians do NOT need to fill out an application for meals for after-school supper or snack.

Student Allergies?

-I noticed Fish is on menu. What will the student eat?

Special accommodations can be made for any medically necessary food allergies or intolerances. You must complete the Request for Special Meal Accommodations form and have a licensed physician sign it. You can request the form from your school's cafeteria operator or email macosta@tesd17.org



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